



FRIENDSHIP, LEADERSHIP, SCHOLARSHIP

our mission: To promote a spirit of friendship and loyalty among the women of USC, to foster a spirit of loyalty to and cooperation with the University and to render service and financial support to the women of the University.

CELEBRATING OUR 70TH YEAR!



TROJAN JUNIOR AUXILIARY october 2007

Homecoming is Here!

by **Anh Brenes**, President

Homecoming is right around the corner, and that means it is TJA's first opportunity to sell our merchandise! All of the money from this event goes to our scholarship fund, which goes to support the young women of USC.

At this event, we will be selling our new t-shirts that speak to the young, urban and hip vibe of this group!

If you would like to help out at the TJA booth anytime during Homecoming (from 9 AM - 5 PM), please call or email Anh to see what times are available.

310.493.7026
anhdn5@yahoo.com

If you think you need to have a ticket to participate, you don't. Come have fun with us, meet fellow alumns, and experience the Homecoming excitement!

Fight On!

Join the Scholarship Committee

by **Ashley Harvel**, Scholarship Chair

The Scholarship Committee will be busiest on February and March of 2008. There's a lot to do during the scholarship review process, but it won't take up too much of your time. You can easily be on another committee and also work with our scholarship candidates! By joining this dynamic committee, you will have the opportunity to:

1. Bond with other TJA-ers while reading through scholarship applications
2. Get our current scholarship recipients involved in TJA activities and events!
3. Interview scholarship applicants (who are AWESOME USC women!)
4. Select our recipients and the size of their award (this is difficult, but oh-so rewarding)
5. Convince these awesome women to join TJA when they graduate!

Over all, the Scholarship Committee is a great way to understand what TJA is all about, and see the results of our hard work in raising money for scholarships. If you have any questions, please let me know!



Benefit!

by **Brenda Bailey**, VP Benefit

Now that the New TJA Year has officially begun, it's time to roll up those sleeves and get crackin' on the benefit!

As you may know, this year's benefit will be a "Roaring 20s Casino Night" and its success is dependent on each and every one of our fabulous TJA members. The ticket price will be set to cover the overhead for the dinner and gaming activities. For all other items, we will need to either secure sponsors/donations or fund the cost through the silent auction proceeds or our general scholarship fund. Neither option is ideal, right? So, put on your thinking caps and polish your solicitation skills – and let's get the items donated!!! That will ensure that every dollar we get from the Opportunity Drawing Ticket Sales and Silent Auction bids goes directly to a scholarship for a deserving young Trojan woman. The most important and costly items that would be ideally donated include:

Decorations / Flowers

Event Signage

DJ Services / Equipment Rentals

Invitation Printers / Postage

Program Printers

Auction Basket Wrapping Supplies

Desserts

Table Sponsors (includes special signage on the gaming table(s))

In addition, the board decided that the best way to entice folks to purchase tickets to the benefit and for the Opportunity Drawing is to include what the grand prizes for the drawing and the grand prize for the gaming winner are in the invitation. In order to do this, these prizes will need to be confirmed by December. When discussing this at the board retreat this summer, some ideas that were mentioned include airline tickets, mall gift certificates, trips, "high value" USC items. Of course, the prizing items can be purchased with sponsor money if anyone you know wants to give us ca\$h. A mention of who donated the items will also be included in the invitation and the program as an extra incentive for donors.

If you have any questions on the benefit, please contact me at

brenda_d_bailey@yahoo.com.



Remember! October Is Breast Cancer Awareness Month.

October is National Breast Cancer Awareness Month. More and more women are getting mammograms to detect breast cancer in its earliest stages. As a result, breast cancer deaths are on the decline. Urge those that you love to take control of their health and encourage them to get mammograms on a regular basis.

Who should get a mammogram? Yearly mammograms are recommended starting at age 40 or for those with a family history of breast cancer.

What is a mammogram? A mammogram is a simple x-ray and is important in finding breast cancer in its early stage and continuing for as long as a woman is in good health.

What are the risk factors for breast cancer? Breast cancer risk factors include:

- Older age
- Early age at menarche (menstruation)
- Older age at first birth or never having given birth
- A personal history of breast cancer or benign (non-cancer) breast disease
- A mother or sister with breast cancer
- Treatment with radiation therapy to the breast/chest
- Breast tissue that is dense on a mammogram
- Taking hormones such as estrogen and progesterone
- Obesity
- Drinking alcoholic beverages

What is a clinical breast exam (CBE)? A clinical breast exam is an exam of the breast by a doctor or other health professional. The doctor will carefully feel the breasts and under the arms for lumps or anything else that seems unusual. Clinical breast exam (CBE) should be part of a periodic health exam, about every 3 years for women in their 20s and 30s and every year for women 40 and over.

What is a breast self-exam (BSE)? Breast self-exam is an exam to check your own breasts for lumps or anything else that seems unusual. Women should know how their breasts normally feel and report any breast change promptly to their health care providers. Breast self-exam (BSE) is an option for women starting in their 20s. However, BSE should not be used in place of clinical breast examination and mammography.

To learn about how you can schedule a mammogram, please contact your health plan or physician's office.

For more information about breast cancer, check out the following web sites:

- National Breast Cancer Awareness Month: www.nbcam.com
- The American Cancer Society: www.cancer.org
- National Breast Cancer Foundation, Inc.: www.nationalbreastcancer.org



TROJAN JUNIOR AUXILIARY
University of Southern California

Pictures from the Membership Mixer 2007!



Anh and Erica set up.



Chatting with new members.



Getting to know prospective members.



Grabbing some dinner courtesy of TJA.



Announcement:

The Trojan Junior Auxiliary website is a good resource for members to download newsletters, check out our gallery and read about our products!

Check us out at www.usctja.com!



Announcement:

We need ads for the upcoming Benefit! Please go ahead and ask your company, your boss, your friend...

Quarter Page (business card)	\$25.00
Half Page	\$50.00
Full Page	\$100.00

Question of the Month:

by **Janine Worrell**, Editor

The question for the month of October was an easy one- What are you going to be for Halloween? Check out what some of our members said:

"A **police officer**, because it was the only costume at the store that fit me!"
-Tracy Eng

"**Miss California**, because I can make good use out of an old bridesmaid dress."
-Lorraine Comeau

"Maybe a **flapper** or a **nurse**, because we're going to a couple's party and I have to make it easy on the boy."
-Brenda Bailey

"An **angel**, because my fiance is going to be Hell Raiser so I thought my costume would compliment his."
-Carina Jacob

"**Mulan Matriarch**, because my twin girls will each be Mulan!"
-Sandra Green

In addition, Tamika Medley will be taking her nephews to a Harvest Festival (What a blast!), new member Dani Duran will be a ballerina and an anonymous TJA'er will be a possibly pregnant Nicole Ritchie or over-exposed celebrity. Her favourites are Britney, Paris or Lindsey. Another member is unsure what she is going to be but mentioned her favourite costume ever was being a pirate! Aaargggghh!

To be a part of the monthly question, join us for our November meeting!



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